

# WHO?

I | Jesus | Holy Spirit | Church

Y8-Y14?



This is **for you**

A Resource produced by young people, for young people.

mettle  
• LISBURN CATHEDRAL •

## An Introduction to the WHO? Series

Dear Youth Leader,

Thank you for considering using **WHO?** as a resource for your young people. Lisburn Cathedral have been so blessed by having enthusiastic, engaged, and resourceful young people. At the end of 2019, a group of them decided they wanted to create and run a discipleship series for Cathedral young people and their friends.

The result was incredible! Each Saturday night for a month, the room was packed, and the young people listened as **WHO?** was rolled out.

Given the situation with Covid19, and churches being forced to do everything digitally, we've decided to take **WHO?** online. There are a number of video sessions and resources and this leaders' guide will help you to navigate your group through the material.

We hope and pray that this resource will be as big a blessing to your church as it has been to ours.

**Rev Danielle McCullagh**

Curate, Lisburn Cathedral

## What is WHO?

A series of 4 sessions, which explores 4 identities which are core to Christianity:

I  
Jesus  
The Holy Spirit  
The Church

The online resource includes videos; discussion questions; and read, listen & pray resources to help your young people engage as individuals and as a group.

All the online resources you need are available at  
[www.lisburncathedral.org/mettle/who](http://www.lisburncathedral.org/mettle/who)

## How can I use WHO? online resources with my group?

As a leader, you could lead your group through an exciting adventure to encounter God. There are a few basic guidelines that will help ensure a good experience for your young people

- We recommend that you use Zoom to engage with your group. This will allow you to share your screen and watch the video together. Make sure you are familiar with Zoom before you begin.
- Review the upcoming weekly session ahead of time, so that you are familiar with the material and questions.
- Use the feature videos on your social media to encourage your young people by giving them an idea of what you'll be discussing at your next session.
- Ask everyone to bring a Bible, notebook and pen to each session. Encourage them to take notes and write down questions throughout the video.
- There will be places to pause the video and answer some discussion questions.
- Pray for your young people on a daily basis.

## WHO? Sessions

### Session 1 – Who am I?

Session 1 explores the question: **Who am I?**

Jack Netherton explores the key topics concerning who we are called to be in Christ and what that means for us in our daily lives.

#### **Included in this session 1 video:**

- A short intro
- An Icebreaker game (If the world were 100 people...)
- Teaching part 1
- Discussion Questions
- Teaching part 2
- Discussion Questions
- Teaching part 3
- Discussion Questions
- Teaching part 4
- Discussion Questions
- Who am I? video
- Key Points Summary
- Prayer Points

#### **Session 1 Additional Material video includes:**

- Videos of all scripture readings used
- Discussion Questions

## Session 2 – Who is Jesus?

Session 2 explores the identity of **Jesus**.

Ryan McGucken explores the key topics concerning who Jesus was on the earth, who he is to us now, and looking at what that means in our daily lives.

### **Included in the session 2 video:**

- A short summary of session 1
- Teaching part 1
- Discussion Questions
- Teaching part 2
- Discussion Questions
- Teaching Part 3
- Song Lyric Discussion
- Teaching Part 4
- Key Points Summary
- Prayer Points

### **Session 2 Additional Material video includes:**

Videos of all scripture readings used

Discussion Questions

## **Session 3 – Who is The Holy Spirit**

Session 3 explores the identity of **the Holy Spirit**.

Euan Cummings explores the key topics concerning who the Holy Spirit really is and looking at how having the Holy Spirit with us and guiding us can impact our daily lives.

### **Included in the session 3 video:**

- Intro to the Trinity
- Discussion Questions
- Teaching part 1
- Key Bible Verse Discussion
- Teaching part 2
- Discussion Questions
- Prayer Points

### **Session 3 Additional Material video includes:**

Videos of all scripture readings used

Discussion Questions

## Session 4 – Who are the Church?

Session 4 explores the identity of **the Church**.

Matthew Cairns explores the key topics concerning who the universal Church are, the calling of the Church and what significance the Church has for you as a Christian.

### Included in the session 4 video:

- Series recap
- Intro to Session 4
- Discussion Questions
- Teaching part 1
- Key Bible Verse Discussion
- Teaching part 2
- Who are the Church? Video
- Teaching part 3
- Discussion Questions
- Summary of Spiritual Gifts
- Teaching Summary
- Prayer Points & Discussion Question

### Session 4 Additional Material video includes:

Videos of all scripture readings used

Discussion Questions

## Got questions about WHO?

You can get in touch by emailing [mettle@lisburncathedral.org](mailto:mettle@lisburncathedral.org)

## Thanks

With thanks to the following young people who dreamed up, created, contributed to and produced this series and the online resource:

Euan Cummings

Matthew Cairns

Ryan McGucken

Jack Netherton

Laura McCullough

Rachael Martin

Lucy Duckworth

**[www.lisburncathedral.org/mettle/who](http://www.lisburncathedral.org/mettle/who)**